

OUR MOTHER OF PERPETUAL HELP PARISH

COMING EVENTS - March 2023

LENTEN DAY OF EUCHARISTIC ADORATION: Our Mother of Perpetual Help Parish will be hosting days of Adoration of the Blessed Sacrament every Friday of Lent (**March 3rd, 10th, 17th and 24th, 31st**) from **11:30 A.M. until 12:30 P.M.** in the Church. All are welcome to come and spend some quiet time with the Lord in prayer.

STATIONS OF THE CROSS: Each Friday, during the Season of Lent (**March 3rd, 10th, 17th, 24th 31st**) OMPH will be celebrating the Stations of the Cross **at 7:00 P.M.** We encourage you to come out and participate in this traditional devotion.

OUR MOTHER OF PERPETUAL HELP CELEBRATION OF THE SACRAMENT OF THE SICK: To reach out to our sick and elderly parishioners we have introduced a celebration of the Sacrament of the Sick for those in need of God's healing grace. According to the teaching of the Church, the Sacrament of Anointing of the Sick should be celebrated with people who are: 1) seriously ill, 2) are seriously weakened by advanced age, 3) are scheduled for serious surgery, or 4) are elderly but not weakened by age, but have no serious illness present. Our next communal celebration will be on **Tuesday, March 21st at 7:00 P.M.**

OUR MOTHER OF PERPETUAL HELP SPRING PROGRAM begins on **Wednesday, March 1st at 6:00 P.M.** in the parish hall and run every Wednesday of March. We will begin the evening with a light meal and then we will take a look at the Book of Philippians. Please bring your bible with you. No registration is required, and please feel free to attend one, some or all of the discussions. A big thank you to Marlene Fournier who is preparing the meals and for Dave Wight who is leading the discussions.

TIME FOR YOU AND ME: Is a group from Our Mother of Perpetual Help Parish that is open to everyone wanting to make a difference helping others in our Church, our community and our world! Join us for tea, coffee and dessert from **1:30 P.M. to 3:00 P.M. on Wednesday, March 15th.** Be sure to bring a friend and your ideas!

OUR MOTHER OF PERPETUAL HELP PENITENTIAL MASS will take place on **Monday, March 27th at 7:00 P.M.** There will be an opportunity to individually receive the Sacrament of Reconciliation following Mass.

MASS TIMES: Our Mother of Perpetual Help Parish in New Liskeard, on **Sundays at 9:00 A.M. and 11:00 A.M.** and **St. Patrick's Parish in Cobalt, Saturdays at 5:00 P.M.** Please note that masks, social distancing and contact tracing protocols remain in place. Proof of vaccination is not required.

COMMUNION AND SACRAMENT OF RECONCILIATION: Fr. Wayne is available to give out Communion and hear confessions by appointment. Please call the office, 705-647-5035, to make arrangements.

LIVE-STREAMED MASS: Our Mother of Perpetual Help Parish live-streams their Sunday Mass on 11:00 A.M.. On their Facebook page: <http://www.facebook.com/OMPH.NLParish>.

OMPH IS NOW ON FACEBOOK: Check our new facebook page at [facebook.com/OMPH.NL](https://www.facebook.com/OMPH.NL) and stay up to date on the latest happenings in the <http://www.facebook.com/OMPH.NLParish>.

PARISH WEBSITE: Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at www.ourmotherofperpetualhelp.ca.